

Free safeTALK Training

This amazing Evidence Based training is being offered **free** of charge at our annual conference. In order to complete the training you will need to attend both the morning and afternoon breakout session.

Learning goals and objectives

Over the course of their training, safeTALK participants will learn to:

- Notice and respond to situations where suicide thoughts might be present
- Recognize that invitations for help are often overlooked
- Move beyond the common tendency to miss, dismiss, and avoid suicide
- Apply the TALK steps: Tell, Ask, Listen, and KeepSafe
- Know community resources and how to connect someone with thoughts of suicide to them for further help

Training features:

- Presentations and guidance from a LivingWorks registered trainer
- Access to support from a local community resource person
- Powerful audiovisual learning aids
- The simple yet effective TALK steps: Tell, Ask, Listen, and Keep Safe
- Hands-on skills practice and development

You can register for this amazing training opportunity using the link any questions

please email rstrait@cccntr.com

<https://suicidepreventionconference.com/register-cape>



5th Annual

**SUICIDE PREVENTION &
AWARENESS CONFERENCE**